



# Because a good chat means the world

Our call companions offer friendship to over-75s who live alone.



**“We chat about rubbish TV mostly. And we laugh. A lot!”**

## Do you enjoy chatting over the phone?

We've been running social gatherings for people aged 75 and over for 50 years. Now we're offering a call companion to anyone of this age who'd like a regular friendly phone call.

Our call companions love a good chat and they're great listeners too. They'll enjoy getting to know you and telling you a bit about their lives. Soon you'll be sharing gardening tips, favourite books or just chatting about the day to day.

Whatever you talk about, their phone calls will give you a real boost. Because if there's one thing we've learnt from the people we've helped over the years, it's that a good chat really does mean the world.

**Bringing generations together**

**“My daughter phones me, but it’s nice to talk to someone new. I always have a good chuckle with Lisa. I really enjoy our chats.”**



## **How it works**

- 1.** When you sign up, we’ll ask you a bit about yourself. We’ll then do our best to pair you with a call companion we think you’ll get on with, so the conversation flows and the friendship blossoms.
- 2.** You can choose when to receive the phone calls and whether you’d like a call every week or every other week.
- 3.** You can receive the phone calls for as long as you want and you never need to pay a penny.

### **Who’s eligible for a call companion?**

We’re offering a call companion to anyone aged 75 and over who lives alone or in sheltered housing. However, we do consider applications on a case-by-case basis, so if your circumstances are different to this and you feel you’d like a call companion, just get in touch.



**Give us a call on 0800 716543 (calls are free)  
or visit [www.reengage.org.uk](http://www.reengage.org.uk)**

**Re-engage is a registered charity in England and Wales (1146149)  
and in Scotland (SCO39377)**